

Nether Hall School Vision & Values

Be
Brave

Be
Honest

Be
Kind

Be
Safe

Grow
Together

NH

A place to shine

NH

Guide to Standing Frames



What is it?

The best defence against body shape changes is movement or change of position. For some, supportive standing can have many benefits on their health and well-being. It is not always appropriate for every child/young person to be standing and there are various types of standing frames available.

Some children need support for a short time and others will need help for longer or until they are fully grown.

The benefits to standing frames are:

- Interaction- Standing enables children to interact eye-to-eye with their peers
- Circulation- Standing enhances circulation and blood pressure
- Respiratory- Standing improves respiration and voice control
- Contracture Prevention- Standing stretches muscles, preventing the onset of contractures
- Bone Density- Standing increases bone density and reduces the risk of fractures
- Well-being- Standing improves wellbeing, alertness and sleep patterns
- Digestion- Standing aids digestion, bowel function and bladder drainage
- Hip Development- Standing facilitates the formation of the hip joint in early development
- Skin Integrity- Standing improves skin integrity by relieving pressure encountered during sitting

What do I need to do?

If you think your child could benefit using a standing frame you need to talk through the possibilities of standing frames with your child's physiotherapist as they will be assessed on an individual basis.

If you have a standing frame then you need to use it as you have been instructed to do so by your child's physiotherapist.

If you think your child has outgrown their standing frame or you have any issues with the equipment then you must report these to the physiotherapist team.

Alternatively, please contact the Therapy Coordinator in school and they will organise support for you.

Children's Physiotherapy Service

Children's Community Physiotherapy Service,
Bridge Business Park,
Bridge Park Road,
Thurmaston,
Leicester.
LE4 8PQ

Telephone: 0116 295 2492



← For more information please scan