



Guide to Physiotherapy



What is it?

Children's Community Physiotherapy Service is provided for children and young people with disorders or delays in their movement skills who will benefit from physiotherapy. Physiotherapy helps to develop (or re-gain) movement abilities and prevent or minimise long-term problems and can be summarised as the 'medicine for movement'.

Physiotherapists provide assessments, therapy, practical advice, strategies and equipment to ensure children with physical needs are able to develop and achieve physically, academically, socially and emotionally, with support of family and carers, to reach their full potential.

They see children with:

Developmental disorders or delays in their movement and gross motor skills

Neurological deficit

Acquired neurology

Neuromuscular deficit

Complex special needs that includes neurodevelopmental delay with complex physical disability

What do I need to do?

Firstly your child must be aged from birth to 19 years and registered to a GP practice in Leicester City, Leicestershire County or Rutland.

You can ask your GP for a referral to the physiotherapy service or alternatively you can contact the Therapy Coordinator at school to discus a referral and what it could mean for your child.

Once referred the contact details for the service are as follows:

Children's Physiotherapy Service

Children's Community Physiotherapy Service, Bridge Business Park,

Bridge Park Road, Thurmaston, Leicester.

LE4 8PQ

Telephone: 0116 295 2492





← Scan here for more information