



Guide to Occupational Therapy



What is it?

Community Occupational Therapy Service

The Children's Occupational Therapy team works with children from birth to 19 years who have difficulty participating in everyday activities because of physical disability or a medical condition to live more productive and enjoyable lives. They help children who are experiencing difficulties with gross and fine motor skills, visual perception, sensory impairment and sensory motor skills. They support them to become more independent with everyday activities they need and want to do.

Referral criteria

OT offer a service to children and young people:

- from birth to age 19 and registered to GP practices in Leicester City, Leicestershire or Rutland
- attending school in Leicester, Leicestershire or Rutland if the occupational therapy intervention needs to be delivered in the context of the curriculum
- with significant functional, independence, sensory, movement or perceptual difficulties that can be changed through occupational therapy intervention

Social Care Occupational Therapy Service

The Disabled Children Service have close links with the Disabled Children Occupational Therapist Team. They offer an assessment to any child or young person aged between 3 - 19 years old who is eligible for support with their occupational therapy needs.

An occupational therapist carries out the assessments and, if eligible, a range of individual support may be provided that can enable disabled children and young people to carry out their daily tasks with more confidence and independence. Areas they can help with can be:

- Moving and handling assessments and equipment
- Specialist equipment
- Housing adaptations
- Support with re-housing for specific needs

What do I need to do?

Community Occupational Therapy Service Referrals can be made by:

- Parents/carers known to the service who have been discharged within 6 months
- Health professionals including GPs
- Education/teaching staff
- Social services staff

You can ask your GP for a referral to the Occupational Therapy Service or alternatively you can contact the Therapy Coordinator at school to discuss a referral and what it could mean for your child.

Once referred the contact details for the service are as follows:

Children's Occupational Therapy Service

Children's Community Occupational Therapy Service,

Bridge Business Park,

Bridge Park Road,

Thurmaston,

Leicester.

LE4 8PQ

Telephone: 0116 295 2495



Social Care Occupational Therapy Service Referrals can be made through **Leicester Duty and Advice:**

Therapy Information ->

Telephone: 0116 4541004

- You will need to choose option 1 (for someone living in Leicester City)
- then choose option 1 again (for a child)
- lastly you will need to choose option 3 to report a concern (this puts you through to the Duty & Advice Service).
- Please ask them to refer you for a **Occupational Therapy Assessment**