

# Nether Hall School Vision & Values

Be  
Brave

Be  
Honest

Be  
Kind

Be  
Safe

Grow  
Together



A place to shine



## Guide to Walking Aids



# What is it?

Walking aids are a mobility aid that provide an additional level of balance and support while developing the ability to move independently.

Walking aids come in all shapes, sizes and variety of designs: such as fixed, folding, 2 wheels, 4 wheels, seats and/or adjustable. This is so they can be best suited to your child's exact needs.

Walking aids are also not for every child or every condition firstly we have to think about the child and ask ourselves what are they going to get out of it as well as looking in depth at each and every muscles and make sure that this is the best thing for them. Then if a walking frame suits we then need to look at how much support they need and then start trying out different types of walking aids. These conversations need to be done with your child's GP and/ or physiotherapist.

The benefits of our children walking or learning to walk are:

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# What do I need to do?

If you feel your child would benefit from a walking aid then talk to your child's physiotherapist.

If your child has a walking aid already you should be following the plan given to you by your child's physiotherapist regarding:

- When should you be using it
- How often should they be using it for
- What is the goal they are working towards

All this information should be given to you by your physiotherapist.

Also remember:

- What surface you are on
- C
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## **Children's Physiotherapy Service**

Children's Community Physiotherapy Service,  
Bridge Business Park,  
Bridge Park Road,  
Thurmaston,  
Leicester.  
LE4 8PQ